

## The Edge Café – Zoom and F2F Groups 11<sup>th</sup> January – 24th January 2021

A link to Cambs Recovery Service (CGL) website for their Zoom Groups <https://www.cambsrecovery.service.co.uk/groups/>

Week		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
11 <sup>th</sup> – 17th Jan 2021	pm	<b>12.30 -13.10</b> Edge Recovery Support Group ID 863 4437 0062	<b>10.30 – 11.30</b> Fundamental Yoga with Iir ID: 827 2260 2868 Password: 031071  <b>12.00 -13.00</b> Edge Support Group ID 863 4437 0062  <b>13.00-14.30</b> Edge Recovery Writing ID 892 5883 6870 Password: writing	<b>7.30 – 8.30am</b> AA Hybrid f2f @ The Edge ID: 861 337 182 p/w - 020719  <b>12.00 -13.00</b> Edge Recovery Support Group ID 863 4437 0062  <b>19.00 – 20.30</b> NA meeting @ The Edge	<b>12.00 -13.00</b> Edge Recovery Support Group ID 863 4437 0062  <b>19.30 – 20.45</b> Places – Sober social. ID: 978 679 7918 p/w -wiAst4	<b>11.00 – 12.00</b> Edgy Women- ID 829 56196653  <b>13.00 -14.00</b> Tai Chi ID 840 0843 5061  <b>18.30 – 20.00</b> Edge Recovery Group – ID – 826 7850 0638			<b>19.30- 20.30</b> SAA meeting @ The Edge
18th – 24th Jan 2021	pm	<b>12.00 -13.00</b> Edge Recovery Support Group ID 863 4437 0062	<b>10.30 – 11.30</b> Fundamental Yoga with Iir ID: 827 2260 2868 Password: 031071  <b>12.00 -13.00</b> Edge Support Group ID 863 4437 0062  <b>13.00-14.30</b> Edge Recovery Writing ID 892 5883 6870 Password: writing	<b>7.30 – 8.30am</b> AA Hybrid f2f@ The Edge ID: 861 337 182 p/w - 020719  <b>12.00 -13.00</b> Edge Recovery Support Group ID 863 4437 0062  <b>19.00 – 20.30</b> NA meeting @ The Edge	<b>10.30 – 11.30</b> The Edge Family Group ID 837 1673 4199 Password: family  <b>12.00 -13.00</b> Edge Recovery Support Group ID 863 4437 0062  <b>19.30 – 20.45</b> Places – Sober social. ID: 978 679 7918 p/w wiAst4	<b>11.00 – 12.00</b> Edgy Women- ID 829 56196653  <b>13.00 -14.00</b> Tai Chi ID 840 0843 5061  <b>18.30 – 20.00</b> Edge Recovery Group – ID – 826 7850 0638			<b>19.30- 20.30</b> SAA meeting @ The Edge

***All Edge Café workshops are free of charge***